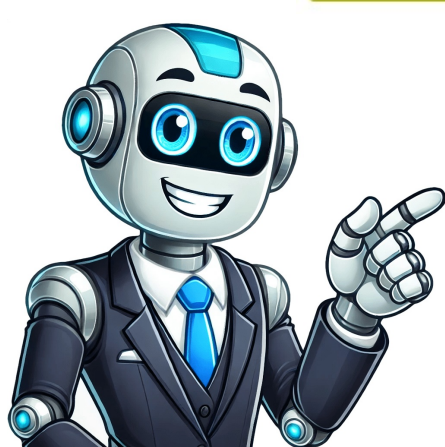


I'm not a robot





## Aha cpr exam

The National CPR Association is offering a comprehensive review package to help you prepare for your next certification test. The package includes free practice tests, questions, and answers, as well as PDF study guides and student manuals for various courses such as CPR, AED, First Aid, ACLS, PALS, and Neonatal Resuscitation. Additionally, the association is providing provider manuals and quizzes for these specialized certifications. By utilizing these online resources, you can gain a deeper understanding of the latest guidelines and improve your chances of passing your exam. AED education and training are available for individuals, schools, youth sports groups, and communities, with kits including a certificate of completion, although not suitable for those requiring a CPR eCard. In case of cardiac arrest, one should start CPR within 10 seconds. If an unconscious adult is found breathing but without a pulse, the best course of action is to perform CPR with chest compression and rescue breathing. When attempting to give a rescue breath and the chest does not rise, one should repeat the head tilt/chin lift maneuver and try again. After successful resuscitation, the patient should be placed in a stable true lateral position to maintain a clear airway. If an unconscious child is found, one should call 911 first if the collapse was not witnessed. During CPR on a child, interruptions to chest compressions should be limited to less than 10 seconds. When another rescuer appears, they should help with CPR to minimize fatigue. The recommended compression depth for an adult patient is 2-2.4 inches, and the chest compression rate should be 100-120 compressions per minute. For infants, chest compressions are delivered with the heel of the palm, and during two-rescuer CPR on an adult with an advanced airway, one breath should be given every 5-6 compressions, with each rescue breath lasting about 1 second. • Rescue breaths should last 4 seconds. The steps to operate an AED are as follows: Open the case, remove pads, apply pads to the patient's chest, turn on the device. Other orders include: Apply pads first, open case, turn on then remove pads or open and close the pad placement with each operation of a device. The shockable rhythms are ventricular fibrillation and pulseless electrical activity but not asystole or ventricular tachycardia. After attaching AED pads, you should give abdominal thrusts, allow the device to analyze heart rhythm, check for a pulse, or turn on the AED. It is necessary to experience recoil between each compression to prevent injury and to deliver oxygenated blood to the brain. The compression depth for infant CPR is 1/3 of the chest diameter. When relieving choking in an infant who has lost consciousness, you should perform the Heimlich maneuver or give continuous back blows. When entering an emergency situation, check for the number of victims and severity of injuries first. If a person collapses on a crowded subway, move them to open space then begin CPR while ensuring safety or wait for professional help to arrive. When giving CPR to elderly patients with pre-existing conditions, use full force on compressions but avoid brittle bones. Skip rescue breathing due to complications from asthma. You would perform chest compressions on a child at a slightly slower rate than you would for an adult. If in a public area without access to an AED, send one person to call 911 while continuing CPR by pausing and searching for the device yourself. It's best to continue chest compressions until help arrives instead of focusing solely on rescue breathing during a respiratory pandemic. If in a remote location, it's essential to perform continuous chest compressions until you can signal for help or move the person. In a crowded area, ask someone to call 911 and have an AED brought while stopping CPR intermittently to give instructions. After successfully resuscitating a victim, monitor their breathing and circulation until emergency personnel arrive. These free test questions provide valuable resources for individuals preparing for CPR certification exams. They cover various scenarios, including special populations, infants, and high-pressure situations, helping users understand essential techniques and safety protocols. The CPR Heart Center offers an accredited study guide that includes the latest information from the American Heart Association in 2020, ensuring you're ready for your upcoming tests in CPR, AED, First Aid, and BLS Certification. To excel on your upcoming exam, we invite you to explore our complimentary online resources. Our study guides offer a user-friendly interface with visual aids and comprehensive information tailored to each course's unique requirements. First, familiarize yourself with a general overview of the subject matter, then move towards more detailed sections for optimal understanding. Understanding the chain of survival is crucial for individual safety. Knowing basic physiology and the proper techniques for CPR, using an AED, and rescue breathing are essential skills to acquire. Additionally, learn how to handle burns, shock, frostbite, and other situations that may arise. Our study guides also cover topics such as pathogens, personal protection, and patient care while maintaining safety. Familiarize yourself with the correct level of CPR, First Aid, and Basic Life Support (BLS) for Healthcare Providers. For success on your exam, it's essential to adopt healthy habits like regular sleep, a nutritious breakfast, and consistent studying over time. This approach will enable you to absorb information effectively and provide the best possible performance on your test. Visit our website to access our study guides and take advantage of these valuable resources. After logging in to your account, check if all details are correct on your eCard. If everything looks good, you'll be taken to a page with "My eCards." Look for the card that says "Unclaimed" and click on it. Then, set up a security question and answer. Next, agree to the terms of service by clicking "Submit." Don't forget to complete the course survey afterwards - your feedback will help improve future training sessions. Once you've finished, your eCard will be available for viewing. You can save or print it for your records. After claiming your eCard, keep an eye out for a confirmation email from [email protected] If you haven't received one, check your spam folder or look at the instructions above to claim your card via the website. This link will take you to the Student Profile page - make sure all info is accurate (first name, last name, email, phone number, eCard code, instructor's name, and training center details). If something's off, contact your training center. You can also claim your eCard by texting "eCard" to 51736 if your instructor or training center has entered your mobile number into the system. If you try this method but get a message saying your number wasn't found, it means they haven't added it yet. In that case, head over to the eCards Search page and follow the instructions. To claim your card via SMS, enter your first name, last name, and email (make sure it's the one you used for the course) or use your eCard code on the Student tab of the search page. Then, select "Search." Follow the prompts to set up a security question and answer, agree to terms of service, and complete the survey. To access your eCard, enter all required information correctly to get directed to a page displaying "My eCards." If it's not found, contact the Training Center to confirm your data. When downloading or emailing an eCard, choose the desired size (Full or Wallet) under "View eCard" for download or select "Email Cards," add the recipient's email, and click "Email." Remember, a student must claim their eCard before employers can view it. If obtained through ROI, visit this link(link opens in new window). On the eCards Search page(link opens in new window), under "Student," enter your First Name, Last Name, Email (confirming it's the same email used for course sign-up) OR use your eCard Code at the bottom and click "Search." Answer the security question correctly. If accurate, you'll be directed to a page displaying "My eCards." If not found or information is incorrect, contact your Training Center. The American Heart Association offers advanced training programs for healthcare professionals and first responders with evidence-based education on resuscitation techniques to enhance learning and skill retention. Their courses include Heartsaver, designed for those requiring a completion eCard due to job, regulatory, or other requirements, and CPR AED & First Aid Courses. They also offer Training Kits which include certificates of completion but are not suitable for individuals needing a CPR eCard. For your convenience, take this free practice CPR test(link opens in new window) to gauge your knowledge against the latest American Heart Association guidelines. These questions may help you prepare for your certification test as well.