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## Pro bowl 2025

It's almost time for the 2025 NFL Pro Bowl Games.This year marks the third iteration of the reimagined Pro Bowl format that does away with the full-contact Pro Bowl that once was. As such, the festivities consist of various skills challenges and culminate with a 7-on-7 flag football game.Pro Bowl events will take place from Thursday, Jan. 30, through Sunday, Feb. 2. For the second consecutive year, the main events will be held at Camping World Stadium in Orlando, Fla.With some of the NFL's biggest stars set to make their way to Central Florida, here is everything you need to know about the skills competitions and flag football game.SN'S PLAYOFFS HQ: Live NFL scores | Full NFL schedule | Updated NFL bracketWhen is the 2025 Pro Bowl?The 2025 Pro Bowl will be headlined by a flag football game and a series of skill competitions that will take place on Thursday, Jan. 30 and Sunday, Feb. 2.Skills challenges: Thursday, Jan. 30, 7 p.m. ETSkills challenges and flag football games: Sunday, Feb. 2, 3 p.m. ETNFL PLAYOFF NEWS:What channel is the 2025 Pro Bowl on?Channel: ESPN, ABC, Disney XDStream: ESPN.com, ESPN+, NFL+, fuboTVThe 2025 Pro Bowl will be broadcast on ESPN, ABC and Disney XD. Streaming options include Fubo, which offers a free trial, so you can try before you buy.EventDateTime (ET)Channel/StreamThursday skills showdownThursday, Jan. 307 p.m. - 8:30 p.m.ESPN, FuboSunday Pro Bowl games championshipSunday, Feb. 23 p.m. - 6 p.m.ESPN/ABC, Disney XD, Fubo2025 Pro Bowl rostersThe 2025 Pro Bowl rosters were announced on Jan. 2. The full rosters for the NFC and AFC can be found here.2025 Pro Bowl schedule of eventsThursday, Jan. 30Passing the test: Quarterbacks have 40 seconds to hit targets at various distances around the field worth different point values. Before the challenge begins, each QB selects a Pro Bowl Games teammate to answer five trivia questions about current Pro Bowlers. For every correct answer, the QB gets an additional 10 seconds for the challenge. The winner is the team with the QB who scores the most points.Satisfying catches: One wide receiver, tight end and defensive back from each conference will compete in a challenge obstacle course that includes catches from a jugs machine at three different distances. The teammates will complete the course in succession, and the lowest combined time wins the challenge.Relay race: Four players from each conference will simultaneously complete a relay-style event. In it, each player completes a 40-yard dash before handing the football off to the next athlete on their team until the fourth and final player crosses the finish line. There will be three rounds of the relay race and the fastest team is declared the winner.Helmet harmony: A game show in which players are tested on their knowledge of their teammates. Every correct answer is worth on point and the team with the most correct answers wins.Dodgeball: Three-round tournament of classic dodgeball featuring six teams of five players. A mix of AFC offensive, defensive and special teams players will compete with the same mix of players from the NFC.Sunday, Feb. 2Punt perfect: A punter and non-punter from each conference will punt from the 35-yard line with the goal of placing as many punts as possible into a set of six buckets in the end zone. Each bucket is worth one point and every fifth point is worth three points. The two players with the highest combined score win the competition.The great football race: Six players from each conference face off in a relay race made up of five challenges. The race culminates with a sled push and the team that crosses the finish line first wins.Tug-of-war: Five players from each conference are positioned above a foam pit. It is a best-of-three version of classic tug-of-war — the winning team will pull their opponent into the foam pit twice.7-on-7 flag football: One game of 7-on-7 flag football complete with four quarters. The game will take place on a 50-yard field with 10-yard end zones. Scoring plays are worth six points, one-point conversions are attempted from the 5-yard line and two-point conversions are attempted from the 10-yard line.NFL DRAFT NEWS:2025 NFL Draft orderUpdated 2025 NFL Mock DraftUpdated Top 100 big board The 2025 NFL Pro Bowl Games are set to deliver an unforgettable day of all-star competition on Sunday, February 2, 2025. Fans can look forward to an action-packed event featuring the league's top 88 stars battling it out in thrilling AFC vs. NFC matchups. Adding to the excitement, NFL legends Peyton and Eli Manning return as head coaches for the third consecutive year, continuing their legendary sibling rivalry. Keep reading for more information on rosters, voting, schedules and more.NFL Pro Bowl RostersComplete AFC RosterOffenseQB: Josh Allen (Bills)\*; Joe Burrow (Bengals); Lamar Jackson (Ravens); Russell Wilson (Steelers); replacement for Allen: Drake Maye (Patrids)\*; replacement for JacksonRB: Derrick Henry (Ravens)\*; Joe Mixon (Texans); Jonathan Taylor (Colts); James Cook (Bills); replacement for HenryFB: Patrick Ricard (Ravens)WR: Ja'Marr Chase (Bengals)\*; Jerry Jeudy (vovons)\*; Nico Collins (Texans); Zay Flowers (Ravens); Brian Thomas Jr. (Jaguars); replacement for FlowersTE: Brock Bowers (Raiders)\*; Travis Kelce (Chiefs); Jonnu Smith (Dolphins); replacement for KelceT: Dion Dawkins (Bills)\*; Laremy Tunsil (Texans)\*; Rashawn Slater (Chargers); Ronnie Stanley (Ravens); replacement for TunsilG: Quenton Nelson (Colts)\*; Joe Thuney (Chiefs)\*; Trey Smith (Chiefs); Joel Bitonio (Browns); replacement for Thuney: Isaac Seumalo (Steelers); replacement for SmithC: Creed Humphrey (Chiefs)\*; Tyler Linderbaum (Ravens); Connor McGovern (Bills); replacement for HumphreyDefenseDE: Myles Garrett (Browns)\*; Trey Hendrickson (Bengals)\*; Maxx Crosby (Raiders); Danielle Hunter (Texans); replacement for CrosbyDT: Cameron Heyward (Steelers)\*; Chris Jones (Chiefs)\*; Nnamdi Madubuike (Ravens); Quinnen Williams (Jets); replacement for JonesOLB: Nik Bonitto (Broncos)\*; T.J. Watt (Steelers)\*; Khalil Mack (Chargers); Kyle Van Noy (Ravens); replacement for Watt; Joey Bosa (Chargers); replacement for MackILB: Roquan Smith (Ravens)\*; Zaire Franklin (Colts); Patrick Queen (Steelers); replacement for SmithCB: Derek Stingley Jr. (Texans)\*; Patrick Surtain II (Broncos)\*; Marlon Humphrey (Ravens); Denzel Ward (Browns)SS: Kyle Hamilton (Ravens); Derwin James (Chargers)FS: Minkah Fitzpatrick (Steelers)\*Special TeamsK: Chris Boswell (Steelers)\*P: Logan Cooke (Jaguars)\*LS: Ross Matiscik (Jaguars)\*RS: Marvin Mims Jr. (Broncos)\*ST: Brenden Schooler (Patriots)\*; Miles Killebrew (Steelers); replacement for SchoolerComplete NFC RosterOffenseQB: Jared Goff (Lions)\*; Jayden Daniels (Commanders); Sam Darnold (Vikings); Baker Mayfield (Buccaneers); replacement for DanielsRB: Saquon Barkley (Eagles)\*; Jahmyr Gibbs (Lions); Josh Jacobs (Packers); Bijan Robinson (Falcons); replacement for BarkleyFB: Kyle Juszczyk (49ers)WR: Justin Jefferson (Vikings)\*; Amon-Ra St. Brown (Lions)\*; CeeDee Lamb (Cowboys); Terry McLaurin (Commanders); Malik Nabers (Giants); replacement for St. Brown; Mike Evans (Buccaneers); replacement for Lamb; Jaxon Smith-Njigba (Seahawks); replacement for McLaurinTE: George Kittle (49ers)\*; Trey McBride (Cardinals)T: Lane Johnson (Eagles)\*; Penei Sewell (Lions)\*; Tristan Wirfs (Buccaneers); Brian O'Neill (Vikings); replacement for SewellG: Landon Dickerson (Eagles)\*; Tyler Smith, (Cowboys)\*; Chris Lindstrom (Falcons); Robert Hunt (Panthers); replacement for DickersonC: Frank Ragnow (Lions)\*; Cam Jurgens (Eagles); Erik McCoy (Saints); replacement for JurgensDefenseDE: Nick Bosa (49ers)\*; Micah Parsons (Cowboys)\*; Rashan Gary (Packers)DT: Jalen Carter (Eagles)\*; Dexter Lawrence (Giants)\*; Vita Vea (Buccaneers); Leonard Williams (Seahawks); replacement for CarterOLB: Jonathan Greenard (Vikings)\*; Andrew Van Ginkel (Vikings); Jared Verse (Rams)ILB: Fred Warner (49ers)\*; Zack Baun (Eagles); Bobby Wagner (Commanders); replacement for BaunCB: Jaylon Johnson (Bears)\*; Byron Murphy (Vikings)\*; Jaycee Horn (Panthers); Devon Witherspoon (Seahawks)SS: Budda Baker (Cardinals)\*; Brian Branch (Lions)FS: Xavier McKinney (Packers)\*Special TeamsK: Brandon Aubrey (Cowboys)\*P: Jack Fox (Lions)\*LS: Andrew DePaola (Vikings)\*RS: KaVontae Turpin (Cowboys)\*ST: KhaDarel Hodge (Falcons)\*\*StarterHere are the final Pro Bowl voting results:Top 5 Overall Voting LeadersTeams with the Most Votes AFC Roster Voting LeadersOffenseQB: Joe Burrow (Bengals)RB: Derrick Henry (Ravens)FB: Carson Steele (Chiefs)WR: Ja'Marr Chase (Bengals)TE: Travis Kelce (Chiefs)T: Rashawn Slater (Chargers)G: Quinn Meinerz (Broncos)C: Creed Humphrey (Chiefs)DefenseSpecial TeamsNFC Roster Voting LeadersOffenseQB: Jayden Daniels (Commanders)RB: Jahmyr Gibbs (Lions)FB: C.J. Ham (Vikings)WR: Amon-Ra St. Brown (Lions)TE: George Kittle (49ers)T: Penei Sewell (Lions)G: Kevin Zeitler (Lions)C: Frank Ragnow (Lions)DefenseDE: Nick Bosa (49ers)DT: Alim McNeill (Lions)OLB: Andrew Van Ginkel (Vikings)ILB: Bobby Wagner (Commanders)CB: Byron Murphy (Vikings)SS: Josh Metellus (Vikings)FS: Kerby Joseph (Lions)Special TeamsK: Jake Bates (Lions)P: Jack Fox (Lions)LS: Andrew DePaola (Vikings)RS: KaVontae Turpin (Cowboys)ST: Trent Sherfield (Vikings)NFL Pro Bowl Voting DatesFrom Monday, Nov. 25 through Monday, Dec. 23, fans voted as many times as they would like to help shape the 88-player roster for the 2025 Pro Bowl Games. Votes were collected across multiple platforms to ensure the best players at each position earned their spot in Orlando. All voting ended on Dec. 23, with the complete roster being announced in early January.How does voting work?The final roster was determined by the combined votes of fans, players, and coaches, with each group's vote representing one-third of the total. NFL players and coaches cast their votes on Friday, Dec. 27.Votes were cast on the NFL website, team websites and also on X. For the final two days of voting from Dec. 22-23, all votes on X were doubled.How many players are on the Pro Bowl teams?44 players per conference (88 total) are selected for the Pro Bowl games. Here is a breakdown of the total number of players who were selected by position.Offense: Wide Receivers (8), Tight Ends (4), Tackles (6), Guards (6), Centers (4), Quarterbacks (6), Running Backs (6), Fullbacks (2)Defense:Defensive Ends (6), Interior Linemen (6), Outside Linebackers (6), Inside/Middle Linebackers (4), Cornerbacks (8), Safeties (6)Special Teams:Punters (2), Placekickers (2), Return Specialists (2), Special TeamsK: Brandon Aubrey (Cowboys)\*P: Jack Fox (Lions)\*LS: Andrew DePaola (Vikings)\*RS: KaVontae Turpin (Cowboys)\*ST: KhaDarel Hodge (Falcons)\*\*StarterHere are the final Pro Bowl voting results:Top 5 Overall Voting LeadersTeams with the Most Votes AFC Roster Voting LeadersOffenseQB: Joe Burrow (Bengals)RB: Derrick Henry (Ravens)FB: Carson Steele (Chiefs)WR: Ja'Marr Chase (Bengals)TE: Travis Kelce (Chiefs)T: Rashawn Slater (Chargers)G: Quinn Meinerz (Broncos)C: Creed Humphrey (Chiefs)DefenseSpecial TeamsNFC Roster Voting LeadersOffenseQB: Jayden Daniels (Commanders)RB: Jahmyr Gibbs (Lions)FB: C.J. 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The 2025 Pro Bowl Games, hosted in partnership with Florida Citrus Sports, Orange County, and the City of Orlando on Sunday, Feb. 2, promises fans a day filled with thrilling AFC versus NFC action. On Sunday, ticketholders will watch the league's 88 biggest stars go head-to-head in new and fan-favorite competitions, face-off in an epic flag football game, and enjoy a variety of family friendly activities, giveaways, and interactive experiences. Sunday's events at Camping World Stadium will also be televised from 3-6 p.m. ET on ESPN and ABC. In addition to Sunday's event, ESPN will air the Pro Bowl Skills Show live on Thursday, Jan. 30, from 7-8:30 p.m. ET. This event will feature the NFL's top players as they take on unique competitions designed to showcase their competitiveness on-and-off the field. Announced in December, the 2025 Pro Bowl Games will combine fresh and fan-favorite skills on Thursday with the highly anticipated flag football matchup on Sunday, using cumulative scoring from both days. For more information on the Pro Bowl Games, visit [probowl.com/watch](http://probowl.com/watch). There are 25 players competing in the 2025 Pro Bowl Games who were not named to the initial roster, including the replacement of 11 players from the two participating teams in Super Bowl LIX, the Kansas City Chiefs and Philadelphia Eagles. Those 11 players competing in Super Bowl LIX are center Creed Humphrey, tight end Travis Kelce, interior lineman Chris Jones and guards Trey Smith and Joe Thuney of the Chiefs and running back Saquon Barkley, inside linebacker Zack Baun, interior lineman Jalen Carter, guard Landon Dickerson, tackle Lane Johnson and center Cam Jurgens of the Eagles. The AFC quarterbacks are Joe Burrow (initial selection), Drake Maye (replacing Lamar Jackson) and Russell Wilson (replacing Josh Allen). The NFC quarterbacks are Sam Darnold (initial selection), Jared Goff (initial selection) and Baker Mayfield (replacing Jayden Daniels). There are 15 players who were named to the Pro Bowl for the fifth time or more, led by Bobby Wagner (10th selection), Russell Wilson (10), Kyle Juszczyk (nine), Budda Baker (seven), Joel Bitonio (seven), Cameron Heyward (seven) and Quenton Nelson (seven). There are 30 players who will be participating in their first Pro Bowl Games, including five rookies – Brock Bowers (Las Vegas), Drake Maye (Denver) and Brian Thomas Jr. (Jacksonville) in the AFC and Malik Nabers (New York Giants) and Jared Verse (Los Angeles Rams) in the NFC. 2025 PRO BOWL GAMES PLAYERS BY CLUB PLAYER POSITION PRO BOWLS ARIZONA (2) Budda Baker Strong Safety 7 Trey McBride Tight End 1 ATLANTA (3) KhaDarel Hodge Special Teamer 1 Chris Lindstrom Guard 3 Bijan Robinson Running Back 1 BALTIMORE (8) Kyle Hamilton Strong Safety 2 Marlon Humphrey Cornerback 4 Tyler Linderbaum Center 2 Nnamdi Madubuike Interior Lineman 2 Patrick Ricard Fullback 5 Roquan Smith Inside Linebacker 3 Ronnie Stanley Tackle 2 Kyle Van Noy Outside Linebacker 1 BUFFALO (3) James Cook Running Back 2 Dion Dawkins Tackle 4 Connor McGovern Center 1 CAROLINA (2) Jaycee Horn Cornerback 1 Robert Hunt Guard 1 CHICAGO (1) Jaylon Johnson Cornerback 2 CINCINNATI (3) Joe Burrow Quarterback 3 Ja'Marr Chase Wide Receiver 4 Trey Hendrickson Defensive End 4 CLEVELAND (4) Joel Bitonio Guard 7 Myles Garrett Defensive End 6 Jerry Jeudy Wide Receiver 1 Denzel Ward Cornerback 4 DALLAS (4) Brandon Aubrey Placekicker 2 Micah Parsons Defensive End 4 Tyler Smith Guard 2 KaVontae Turpin Return Specialist 2 DENVER (3) Nik Bonitto Outside Linebacker 1 Marvin Mims Jr. Return Specialist 2 Pat Surtain II Cornerback 3 DETROIT (6) Brian Branch Strong Safety 1 Taylor Decker Tackle 1 Jack Fox Punter 2 Jahmyr Gibbs Running Back 2 Jared Goff Quarterback 4 Frank Ragnow Center 4 GREEN BAY (3) Rashan Gary Defensive End 1 Josh Jacobs Running Back 3 Xavier McKinney Free Safety 1 HOUSTON (4) Nico Collins Wide Receiver 1 Danielle Hunter Defensive End 5 Joe Mixon Running Back 2 Derek Stingley Jr. Cornerback 1 INDIANAPOLIS (3) Zaire Franklin Inside Linebacker 1 Quenton Nelson Guard 7 Jonathan Taylor Running Back 2 JACKSONVILLE (3) Logan Cooke Punter 1 Ross Matiscik Long Snapper 2 Brian Thomas Jr. Wide Receiver 1 LAS VEGAS (1) Brock Bowers Tight End 1 LOS ANGELES CHARGERS (3) Joey Bosa Outside Linebacker 5 Derwin James Strong Safety 4 Rashawn Slater Tackle 2 LOS ANGELES RAMS (1) Jared Verse Outside Linebacker 1 MIAMI (1) Jonnu Smith Tight End 1 MINNESOTA (7) Sam Darnold Quarterback 1 Andrew DePaola Long Snapper 3 Jonathan Greenard Outside Linebacker 1 Justin Jefferson Wide Receiver 4 Byron Murphy Cornerback 1 Brian O'Neill Tackle 1 Andrew Van Ginkel Outside Linebacker 1 NEW ENGLAND (1) Drake Maye Quarterback 1 NEW YORK GIANTS (2) Dexter Lawrence Interior Lineman 3 Malik Nabers Wide Receiver 1 NEW YORK JETS (1) Quinnen Williams Interior Lineman 3 NEW ORLEANS (1) Erik McCoy Center 2 PITTSBURGH (6) Chris Boswell Kicker 2 Minkah Fitzpatrick Free Safety 5 Cameron Heyward Interior Lineman 7 Miles Killebrew Special Teamer 2 Isaac Seumalo Guard 1 Russell Wilson Quarterback 10 SAN FRANCISCO (4) Nick Bosa Defensive End 5 Kyle Juszczyk Fullback 9 George Kittle Tight End 6 Fred Warner Inside Linebacker 4 SEATTLE (3) Jaxon Smith-Njigba Wide Receiver 1 Leonard Williams Interior Lineman 2 Devon Witherspoon Cornerback 2 TAMPA BAY (4) Mike Evans Wide Receiver 6 Baker Mayfield Quarterback 2 Vita Vea Interior Lineman 2 Tristan Wirfs Tackle 4 WASHINGTON (1) Bobby Wagner Inside Linebacker 10 Kyle Juszczyk, San Francisco 49ers George Kittle, San Francisco 49ers\* Trey McBride, Arizona Cardinals